

LUNCH



Monday to Friday 12 - 5^{PM}

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

Adults need around 2000 kcal a day. **V** = made with vegetarian ingredients, **VG** = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. *Dish contains alcohol. #All weights stated are approximate and prior to cooking. Our fish has been carefully filleted however some small bones may remain. Subject to availability. *Lunch and a drink offer is available Monday to Friday 12-5pm only. Subject to availability. Drinks include Pravha®, Guinness®, BrewDog Punk IPA®, Haus wines (175ml) or 18oz Pepsi Max®, Diet Pepsi® or Lemonade.

HAUS LUNCH

LUNCH & DRINK FROM £6.75 Add £1 for an alcoholic drink**

7oz* gammon steak

Served with a fried free-range egg, grilled fresh pineapple, garden peas and seasoned fries 805 kcal

Margherita pizza **V**

Classic mozzarella and tomato base 1039 kcal

Vegan alternative **VB** 914 kcal

Fish & chips*

Pale ale battered* fish with seasoned fries, tartare sauce and mushy peas 840 kcal

Scampi & chips

Nine pieces of wholetail scampi with a lemon wedge, seasoned fries and garden peas 870kcal

Mac 'n' cheese **V**

Macaroni in a Cheddar cheese sauce, served with garlic bread slices 824 kcal

+ BBQ pulled beef rib 300 kcal + 2.75

+ Grilled chicken fillet 176 kcal + 2.50

+ Streaky bacon 174 kcal + 1.00

+ Jerk chicken & chipotle jam 177 kcal + 2.50

The wholefood bowl **VB**

Crispy BBQ-roasted cauliflower, crunchy slaw, tabbouleh, baby gem lettuce, cucumber, spinach and cherry tomatoes, tossed in a cucumber & mint dressing 477 kcal

+ Grilled chicken fillet & streaky bacon 350 kcal + 3.00

+ Falafel & hummus* **VB** 212 kcal + 2.00

+ Halloumi **V** 398 kcal + 2.50

+ Grilled chicken fillet 176 kcal + 2.50

+ Hot honey **V** 91 kcal + 75p

WRAPS & FLATBREADS

SERVED WITH CRUNCHY SLAW AND YOUR CHOICE OF SEASONED FRIES (+395 KCAL) OR A DRESSED SIDE SALAD (+194 KCAL)

Tuna & cheese melt panini

Tuna with mayo and melted Monterey Jack cheese 798 kcal

Ham & cheese melt panini

Sliced ham and Monterey Jack cheese 715 kcal

Philly steak sandwich

Grilled rump steak, red onions and mushrooms, smothered in a cheese sauce and served in a warm ciabatta 581 kcal + 1.50

BBQ pulled pork flatbread

Pulled pork in a BBQ glaze with melted Monterey Jack cheese 1064 kcal

Southern-fried chicken flatbread

Southern-fried chicken with gem lettuce and sweet chilli sauce 701 kcal

Jerk chicken flatbread

Pulled Jerk chicken, salad, cucumber & mint dressing and sweet chipotle chilli jam topped with crispy onions 655 kcal

Falafel & hummus flatbread **VB**

Sweet potato & apricot chutney falafel*, with hummus, salad and cucumber & mint dressing 561 kcal

**LUNCH DEAL DRINKS: A PINT OF PRAVHA, GUINNESS, BREWDOG PUNK IPA, HAUS WINES (175ML) OR 180Z PEPSI MAX (1 KCAL), DIET PEPSI (6 KCAL) OR LEMONADE (12 KCAL)